



# Equally Well Performance Framework

David L Pattison

Head of International Development

NHS Health Scotland

Slovenia September 2011

# Equally Well Background

- 2007 Scottish Election Scottish National Party come to power and establish minority Gov't
- Late 2007 establish Ministerial working group on health inequalities
- Chaired by Minister for Public Health with Ministers from a range of Cabinet portfolio's, representatives from Local Government (Municipalities), Health System.
- Report published June 2008
- Implementation plan late 2008

- **Members of the Ministerial Task Force on Health Inequalities**
- Shona Robison, Minister for Public Health – Chair
- Fergus Ewing, Minister for Community Safety
- Maureen Watt, Minister for Schools and Skills
- Stewart Maxwell, Minister for Communities and Sport
- Adam Ingram, Minister for Children and Early Years
- Jim Mather, Minister for Enterprise, Energy and Tourism
- Mike Russell, Minister for Environment
- Dr Harry Burns, Chief Medical Officer for Scotland
- Professor Carol Tannahill, Director, Glasgow Centre for Population Health
- Councillor Ronnie McColl, COSLA spokesperson on Health & Wellbeing
- Ken Corsar, Chair, NHS Lanarkshire
- Andrew Muirhead, Chief Executive, Lloyds TSB Foundation for Scotland
- Pam Whittle, Director of Public Health and Wellbeing, Scottish Government

# Scotland & WHO CSDH

Scottish Government Purpose and National Performance Framework:

- **Wealthier & Fairer** – Enable businesses and people to increase their wealth and more people to share fairly in that wealth. (CSDH Rec. 1 and 2)
- **Smarter** – Expand opportunities for people in Scotland to succeed from nurture through to life long learning, ensuring higher and more widely shared achievements. (CSDH Rec. 1)
- **Healthier** – Help people to sustain and improve their health, especially in disadvantaged communities, ensuring better, local and faster access to health care. (CSDH Rec. 1 and 2)
- **Safer and Stronger** – Help local communities to flourish, becoming stronger, safer places to live, offering improved opportunities and a better quality of life. (CSDH Rec. 1 and 2)
- **Greener** – Improve Scotland's natural and built environment and the sustainable use and enjoyment of it. (CSDH Rec. 1 and 2)

# 'Equally Well' and associated work

Published 2 months before CSDH report

Key elements include:

- Early Years and Young People **(CSDH Rec. 1 and 2)**
- Tackling poverty and increasing employment **(CSDH Rec. 1 and 2)**
- Physical, environment and transport **(CSDH Rec. 1 and 2)**
- Harms to health and wellbeing; alcohol, drugs and violence **(CSDH Rec. 1)**
- Health and Wellbeing **(CSDH Rec. 1)**
- Professor John Frank's group **(CSDH Rec. 3)**

# Generic recommendations

- The Government should produce a practical implementation plan by the end of 2008, setting out how the Task Force's recommendations will be turned into action and who will be responsible, at both national and local levels.
- Those responsible for implementing the Task Force's recommendations should carry out equality impact assessments on the action they are taking to ensure this is legally compliant; systematically consider the needs of the diversity of the population; ensure action does not adversely affect any part of the population; and consider how they can promote equality.

# Cross Government Recommendations

- **Early years and young people (13)**
- **Tackling poverty and increasing employment (11)**
- **Physical environments and transport (9)**
- **Harms to health and wellbeing: alcohol, drugs and violence (8)**
- **Delivering change (14)**

- **Health and wellbeing:-**
- **Children and Young People (1);**
- **Primary Care (4);**
- **Mental Health and Wellbeing (2);**
- **Smoking (1);**
- **Vulnerable Groups: access to services (10);**
- **NHS Wider Role (3)**



# Implementation 8 Test sites

- **Whitecrook, West Dunbartonshire** – targeting the high prevalence of smoking in the area.
- **East Lothian** – looking at health inequalities in early years in Prestonpans, Musselburgh East and Tranent.
- **Govanhill, Glasgow** – looking at community regeneration and development through the adoption of a neighbourhood management approach involving all key community planning partners.
- **Blairgowrie** – looking at delivering health inequality sensitive services in a rural setting for people with multiple and complex needs.

- **Lanarkshire** – focusing on sustained employment and supporting people to find decent work.
- **Fife** – focusing on anti-social behaviour in relation to alcohol and underage drinking.
- **Dundee** – focusing on methods of improving wellbeing.
- **Glasgow City** – looking at integrating health into current and

# High level indicators

- **Headline indicators of inequalities in health outcomes**
- Healthy Life Expectancy (at birth)
- Premature Mortality – from all causes, aged under 75 years
- Mental Wellbeing – adults aged 16 years and over
- Low birthweight

- **Indicators of inequalities in morbidity and mortality from specific causes for**
- **specific age groups**
- Coronary Heart Disease (first ever hospital admission for heart attack aged under 75 years;
- deaths aged 45-74 years)
- Cancer (incidence rate aged under 75 years; deaths aged 45-74 years)
- Alcohol (first ever hospital admission aged under 75 years; deaths aged 45-74 years)
- All-cause mortality aged 15-44 years (to capture large inequalities in mortality observed in this age group)
- <http://www.scotland.gov.uk/News/Releases/2008/09/30122246>
- <http://www.scotland.gov.uk/Publications/2008/09/25154901/0>

# Change in Medium Term

- **Early Years Outcomes**
- EY1: Reduction in child poverty
- EY2: Healthier lifestyles among younger women (diet, smoking, alcohol)
- EY3: Reduction in vulnerable pregnancies
- EY4: Improved breastfeeding rates
- EY5: Improved parent-child relationships through positive parenting approaches and skills
- EY6: Children's mental wellbeing/resilience
- EY7: Reduced percentage of children overweight or obese
- EY8: Improved health and wellbeing of looked after children
- EY9: Children's and young people's skills for life, including literacy and numeracy
- EY10: School leavers in positive and sustained destinations
- EY11: Children have more active lifestyles, access to greenspace and opportunities for play

## ■ **Mental Wellbeing Outcomes**

- MW1: Reduced proportion of people living in poverty
- MW2: Greater financial inclusion and better financial management by individuals
- MW3: Reduction in fuel poverty levels
- MW4: Healthier workplaces
- MW5: Reduced sickness absence rates
- MW6: Better prospects of moving into good and sustained employment
- MW7: Less reported discrimination, harassment or abuse
- MW8: More volunteering
- MW9: Greater mental health literacy across the public and professions
- MW10: Improved recovery from mental illness
- MW11: Fewer suicides
- MW12: Sustained or improved physical and mental wellbeing of offenders (also BK8)
- MW13: Increased use of green space and more physical activity
- MW14: Greater satisfaction with public services and local neighbourhoods

- **Alcohol, Drugs and Violence Outcomes**
- ADV1: Reduction in average alcohol consumption
- ADV2: Reduction in alcohol-related harms
- ADV3: Reduction in drug use
- ADV4: Reduction in drug-related harms
- ADV5: Less drug-related crime
- ADV6: Reduction in domestic abuse
- ADV7: Fewer offences involving violence
- ADV8: Fewer adults experiencing non-domestic violence
- ADV9: Violence becomes less socially acceptable
- ADV10: Greater uptake of positive activities for young people

- **Big Killer Disease Outcomes**
- BK1: Reduced number of people smoking
- BK2: Reduced exposure to second hand smoke
- BK3: Reduction in average alcohol consumption (also ADV1)
- BK4: Reduced incidence of depression and anxiety
- BK5: Reduction in risk factors, eg diet and other lifestyle
- BK6: Improved dental health of vulnerable groups
- BK7: Improved health of people with learning disabilities
- BK8: Sustained or improved physical and mental wellbeing of offenders (also MW12)



# Equally Well Review 2010

- ***Aims of the Review***
- The Task Force agreed that the review should have the following aims:
- To gauge how well key agencies, including the Scottish Government, have been able to respond so far to the principles and recommendations in *Equally Well* (**Chapter 5**);
- To consider how to replicate progress made by the *Equally Well* test sites and support effective local delivery arrangements more generally (**Chapter 6**);
- To make additional recommendations or statements to give impetus to the vision for tackling inequalities set out in the three linked social policy frameworks, especially in the current and future tight public financial climate, and in the light of any new evidence or emerging trends in the key social inequalities (**Chapters 7 and 8**);
- To set out arrangements for reviewing progress in the future (**Chapter 9**).

# Review of Test Sites 2011

- In February 2010 NHS Health Scotland commissioned this national evaluation of the Test Sites
- It focused on service redesign within the Test Sites and what works when embedding change in the public sector to address health inequalities.
- The fieldwork was completed in March 2011, covering the first 30 months of the work of the Test Sites.
- In addition, each Site undertook a local evaluation, focusing on what Test Sites had done and what short term changes they had delivered.

## The national evaluation considered:

- What was different about this approach?
- How has partnership work developed?
- How has learning taken place?
- What steps are being taken to sustain integrated service redesign?
- What are the most significant things that have been achieved?
- What national level actions are needed?

# Scotland Performs

<http://www.scotland.gov.uk/About/scotPerforms>

- Scotland Performs measures and reports on progress of government in Scotland in creating a more successful country, with opportunities for all to flourish through increasing sustainable economic growth.
- Progress towards the Purpose is tracked by 7 Purpose Targets and it is supported by 15 National Outcomes - describing the kind of Scotland we want to be - and 45 National Indicators, covering key areas of health, justice, environment, economy, and education measure progress

- Scotland Performs offers accountability based on national priorities set out in the National Performance Framework. [NHSScotland](#) is the first partner organisation to report performance through Scotland Performs. The aim is for other public bodies to come on board in due course.
- You can judge for yourself how Scotland is progressing through 'direction of travel' arrows on the 'Performance at a Glance' page which indicate whether performance is improving, worsening or maintaining.
- Assessments of progress are regularly updated from the latest evidence and each has explanatory notes attached.

# NATIONAL PERFORMANCE FRAMEWORK

## THE GOVERNMENT'S PURPOSE

TO FOCUS GOVERNMENT AND PUBLIC SERVICES ON CREATING A MORE SUCCESSFUL COUNTRY, WITH OPPORTUNITIES FOR ALL OF SCOTLAND TO FLOURISH, THROUGH INCREASING SUSTAINABLE ECONOMIC GROWTH

## HIGH LEVEL TARGETS RELATING TO THE PURPOSE

GROWTH   PRODUCTIVITY   PARTICIPATION   POPULATION   SOLIDARITY   COHESION   SUSTAINABILITY

## STRATEGIC OBJECTIVES

**WEALTHIER  
& FAIRER**

**SMARTER**

**HEALTHIER**

**SAFER &  
STRONGER**

**GREENER**

NATIONAL OUTCOMES

We live in a Scotland that is the most attractive place for doing business in Europe

We realise our full economic potential with more and better employment opportunities for our people

We are better educated, more skilled and more successful, renowned for our research and innovation

Our young people are successful learners, confident individuals, effective contributors and responsible citizens

Our children have the best start in life and are ready to succeed

We live longer, healthier lives

We have tackled the significant inequalities in Scottish society

We have improved the life chances for children, young people and families at risk

We live our lives safe from crime, disorder and danger

We live in well-designed, sustainable places where we are able to access the amenities and services we need

We have strong, resilient and supportive communities where people take responsibility for their own actions and how they affect others

We value and enjoy our built and natural environment and protect it and enhance it for future generations

We take pride in a strong, fair and inclusive national identity

We reduce the local and global environmental impact of our consumption and production

Our public services are high quality, continually improving, efficient and responsive to local people's needs

At least halve the gap in total **research and development spending** compared with EU average by 2011

Increase the **business start-up** rate

Grow **exports** at a faster average rate than GDP

Improve **public sector efficiency** through the generation of 2% cash releasing efficiency savings per annum

Improve people's perceptions of the **quality of public services delivered**

Reduce the number of Scottish **public bodies** by 25% by 2011

Reduce the proportion of driver journeys delayed due to **traffic congestion**

Increase the percentage of Scottish domiciled **graduates** from Scottish Higher Education Institutions in positive destinations

Improve knowledge transfer from **research activity** in universities

Increase the proportion of **school leavers** (from Scottish publicly funded schools) in positive and sustained destinations (FE, HE, employment or training)

Increase the proportion of **schools** receiving positive inspection reports

Reduce number of working age people with severe **literacy and numeracy** problems

Increase the overall proportion of **area child protection committees** receiving positive inspection reports

Decrease the proportion of **Individuals living in poverty**

60% of school children in primary 1 will have no signs of **dental disease** by 2010

Improve the **quality of healthcare experience**

Increase the proportion of **pre-school centres** receiving positive inspection reports

Increase the **social economy turnover**

Reduce the rate of increase in the proportion of children with their **Body Mass Index** outwith a healthy range by 2018

Increase the average score of adults on the Warwick-Edinburgh **Mental Wellbeing** Scale by 2011

Increase **healthy life expectancy** at birth in the most deprived areas

Reduce the percentage of the **adult population who smoke** to 22% by 2010

Reduce **alcohol related hospital admissions** by 2011

Achieve annual milestones for reducing **Inpatient or day case waiting times** culminating in delivery of an 18 week referral to treatment time from December 2011

Reduce the proportion of people aged 65 and over admitted as **emergency inpatients** two or more times in a single year

Reduce mortality from **coronary heart disease** among the under 75s in deprived areas

Increase the percentage of people aged 65 and over with high levels of care needs who are **cared for at home**

All unintentionally **homeless households** will be entitled to settled accommodation by 2012

Reduce overall **reconviction rates** by 2 percentage points by 2011

Reduce overall **crime victimisation** rates by 2 percentage points by 2011

Increase the percentage of **criminal cases** dealt with within 26 weeks by 3 percentage points by 2011

Increase the rate of **new house building**

Increase the percentage of adults who rate their **neighbourhood** as a good place to live

Decrease the estimated number of problem **drug users** in Scotland by 2011

Increase positive public perception of the general **crime rate** in the local area

Reduce overall **ecological footprint**

Increase to 95% the proportion of **protected nature sites** in favourable condition

Improve the state of Scotland's **Historic Buildings, monuments and environment**

**Biodiversity:** increase the index of abundance of terrestrial breeding birds

Increase the proportion of **Journeys to work** made by public or active transport

Increase the proportion of adults making one or more **visits to the outdoors** per week

50% of electricity generated in Scotland to come from **renewable sources** by 2020 (interim target of 31% by 2011)

Reduce to 1.32 million tonnes of **waste** sent to landfill by 2010

Increase to 70% key **commercial fish stocks** at full reproductive capacity and harvested sustainably by 2015

Improve people's perceptions, attitudes and awareness of **Scotland's reputation**

# Future?

- CMO Scotland has stated that “If we keep doing what we have always done we will keep on getting the same results” In other words we will **NOT** make the improvements in the health and wellbeing of the Scottish people we want to make and we will **NOT** reduce inequalities.
- So there have been changes, Equally Well, but there is more to come, please watch this space!



**Thank you**

**David L Pattison MSc, BA, FFPH**

**david.pattison@nhs.net**